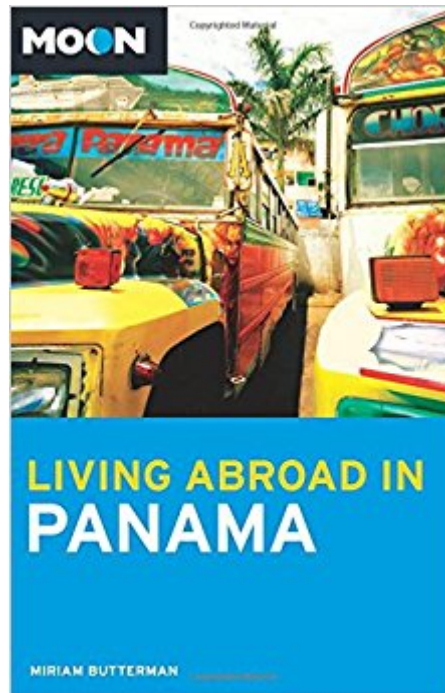




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# Moon Living Abroad In Panama



## Synopsis

Writer, editor, and teacher Miriam Buttermann left her home in New York to make a new life in Panama and hasn't looked back. In *Moon Living Abroad in Panama*, she shares her firsthand advice on making the move easy for all who want to follow in her footsteps. *Moon Living Abroad in Panama* is packed with essential information and must-have details on setting up daily life, including obtaining visas, arranging finances, gaining employment, choosing schools, and finding health care. This relocation guide also includes practical advice on how to rent or buy a home for a variety of needs and budgets. With extensive color and black and white photos, illustrations, and maps, *Moon Living Abroad in Panama* will help you find your bearings as you settle into your new home and life abroad.

## Book Information

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## Customer Reviews

*Moon Living Abroad in Panama* author Miriam Buttermann shares insider secrets on making the move to Panama. To read the entire Q&A, please visit [Moon](#). Are there any local customs that a newcomer to Panama should be aware of? The most obvious local custom in Panama that will affect your daily life consists of arriving roughly 30 minutes to an hour fashionably late to any event. If an event is called for a certain time you can be sure it will not start "happening" until about 45-90 minutes later. Other local customs are very much related to personal family cultures or religion. For example, many families from the city who have second homes in the interior spend Sundays at the beach. Sunday is a big family day. Another is that Christmas is not celebrated on December 25th,

but rather on Christmas Eve. On the 24th, young people stay out all night, after their family meals. The 25th is saved for nursing your hangover or your full stomach. Making local friends is a great way to assimilate to living in a new country. What's the best way to meet people in Panama? Meeting people in Panama is easy if you like to go to the beach and/or are serious about nightlife activity (especially what happens after 11pm and beyond). People are very extroverted and like to go out in large groups to many of the same places. If you decide you like one "joint" most, you will meet people who also frequent it repeatedly. Also, many new expats attend embassy events, such as the American society or the Canadian Embassy. The Spanish and French embassies also sponsor many cultural events that are open to all. This is a wonderful way to meet other internationals who are here for reasons similar to yours. In Panama City, there are many art openings which are not exclusive, and you can usually find out about them in the cultural calendars of the daily newspapers. These art openings are big "mixers" in the Panamanian cultural world. Look to [infoartepanama.com](http://infoartepanama.com) to download the digital arts magazine and find out about weekly events. --Moon.com

Did you ever think of just picking up and moving to another country? The travel book publisher Moon has expanded its "Living Abroad" series. New volumes describe living in Panama, South Korea, Guatemala, China and Spain. More than 5.25 million nongovernmental U.S. citizens live abroad, according to the Association of Americans Resident Overseas. While meant for expats, the books also come in handy for tourists who might be spending a few weeks or months in a country as part of study abroad or extended tour. You never know when you'll be back. --Detroit Free Press, February 28, 2010

This book is very well written and organized - much, much better than others. It is really the only book you need, although some of the others written by expats do give some extra inside information - but very dated. The book covers all aspects of living in Panama, from the point of view of an outsider moving there. To get more detail on specific topics, you can go online and usually the information is available. I highly recommend this book for anyone wanting to get a balanced view of moving to Panama.

I am still reading through the book, highlighting things I want to make future reference to. So far it has been very informative and I like that it is written by someone who is also an ex-pat versus a native. I look forward to completing the book before I go on a fact finding trip to the country in June.

This book is an excellent overview for someone contemplating a move to Panama. The only reason

I didn't give it 5 stars is that it is 5 years old. I wish she would do an update.

Enjoyed the in depth reporting. Wish it were more current but times change and it was accurate when written. With the exception of housing costs and trends, this is a must have for anyone considering a move to Panama.

This book has a lot of answers to the questions you need to ask if you're planning to live abroad. Very practical and based in reality, not a marketing type approach.

Very candid and lots of down to earth advice about life in Panama

I really enjoyed the book. It really covers all aspects and question one might have if thinking of moving to Panama. The information is WONDERFUL.

very informative

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